

## Create a Survival Kit ([redcross.org](http://redcross.org))

**Be Prepared for an Emergency:** Being prepared means being equipped with the proper supplies you may need in the event of an emergency or disaster. Keep your supplies in an easy-to-carry emergency preparedness kit that you can use at home or take with you in case you must evacuate.

### At a minimum, you should have the basic supplies listed below:

- Water—one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food—non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home)
- Snacks—protein bars, canned meat (tuna), dried fruit, soup, nuts, crackers, cereal)
- Flashlight
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- First aid kit
- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Map(s) of the area

### Consider the needs of all family members and add supplies to your kit.

- Medical supplies (hearing aids/extra batteries, glasses, contact lenses, syringes, etc.)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys
- Manual can opener

### Additional supplies to keep in your survival kit based on the types of disasters common to your area:

- Whistle
- N95 or surgical masks
- Matches
- Rain gear
- Towels
- Work gloves
- Tools/supplies for securing your home
- Extra clothing, hat and sturdy shoes
- Plastic sheeting
- Plastic bags
- Duct tape
- Rope
- Pocket knife/multi-purpose tool
- Scissors
- Household liquid bleach
- Entertainment items
- Blankets or sleeping bags

*\* Update your kit every 6 months to make sure that: all food, water and medication are fresh, clothing fits, documents are up-to-date and batteries are working.*